

Continuing Education Credit For
Physicians, Psychologists & Nurses



NEPA's
2006 Annual
Winter Conference
on Pain Management
February 3-5, 2006



Woodstock
Inn & Resort
Woodstock, VT

Presented by the New England Pain Association and
Endorsed by the American Pain Society

Course Information **Target Audience:** Physicians interested in pain management are encouraged to attend. Topics are also timely and relevant for primary care providers, nurses, pharmacists, dentists and dental professionals, rehabilitation professionals, social workers, physical therapists, psychologists, and other healthcare providers who have an interest in pain management.

Objectives Healthcare practitioners who care for patients with acute or chronic pain should be knowledgeable about new advances in pain research and new therapies for the management of pain. Following this conference, participants should be able to:

- Describe the complex problems involved in prescribing opioids to patients with noncancer, chronic pain
- Explain the latest research and future directions in the development of topical anesthetics for cutaneous pain
- Describe the latest research on the mechanisms of cancer pain and how these new insights have influenced the development of new therapeutic modalities
- Identify the services that can be provided to patients in the palliative care environment and how these services can improve quality of life
- Describe the typical presentation of patients with diabetic neuropathy and postherpetic neuralgia and name the most effective current treatments for these two types of pain
- Identify the most common forms of acute headache pain and options for both immediate pain relief and prevention
- Name the issues that make opioid prescribing difficult, especially concerns regarding addiction and legal liability
- Describe the patient characteristics that can make opioid treatment for pain both difficult and potentially risky
- Identify the issues that have led to significant changes in the way that pain medicine is practiced today
- Describe the difficulties in taking promising new therapies and introducing them into pain medicine practice
- Identify the major radiographic features that can aid the pain practitioner in determining the source of back and neck pain
- Describe the ways in which a patient's faith and spirituality can affect his experience of pain and loss
- Name the important issues that confront pain practitioners when caring for patients with chronic pain

In addition, there will be opportunities for questions and answers after each lecture. Participants will be able to meet and interact with speakers and experts in pain medicine during the conference.

Continuing Education **Physicians:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Carilion Health System and the New England Pain Association (NEPA). Carilion Health System is accredited by the Medical Society of Virginia to provide continuing medical education for physicians.

Carilion Health System designates this CME activity for a maximum of 9.5 Category I credits toward the AMA Physician's Recognition Award. Each physician should claim only those hours that he/she spends in the educational activity.

Psychologists: This program is co-sponsored by the American Pain Society and the New England Pain Association. The American Pain Society is approved by the American Psychological Association to offer continuing education for psychologists. APS maintains responsibility for the program. The activity has been designated for 9.5 hours of continuing education credit for those psychologists who have documented that they have attended the program in its entirety. For meetings that offer multiple educational activities with discrete educational objectives, credit will be awarded for those sessions attended and evaluated.

Nurses: Please contact NEPA Headquarters for application status.

Disclaimer The material presented in this meeting (course) represents the opinions of the speakers and not necessarily the views of the American Pain Society and the New England Pain Association.

Scientific Program Overview

Friday, February 3, 2006

| | |
|----------------|--|
| 5:00 – 7:00 pm | Registration and Welcome |
| 7:00 – 8:00 pm | Fellowship Forum Dinner |
| 8:00 – 9:00 pm | Pro/Con Debate: Opioids for Chronic, Non-cancer Pain Pro: Gilbert J. Fanciullo, MD, MS; Con: Srdjan S. Nedeljkovic, MD |

Saturday, February 4, 2006

Morning Session

| | |
|-----------------|---|
| 7:30 – 8:00 am | Breakfast with Exhibitors and Supporters |
| 8:00 – 8:15 am | Welcome and Presidential Message Cal Robinson, PsyD, FICPP |
| 8:15 – 8:45 am | Topical Anesthetics: An Update Constance S. Houck, MD |
| 8:45 – 9:15 am | Cancer Pain: Mechanisms and Treatment Oscar A. de Leon-Casasola, MD |
| 9:15 – 9:45 am | Palliative Care Constance Dahlin, APRN, BC, PCM |
| 9:45 – 10:15 am | Case Discussion & Questions |
| 10:15 am | Meet with Exhibitors |

Afternoon Session

Pain Medicine for Primary Care Physicians

| | |
|----------------|---|
| 1:30 – 2:00 pm | Update on Diabetic Neuropathy and Postherpetic Neuralgia Brian McGeeney, MD, MPH |
| 2:00 – 2:30 pm | Acute and Preventive Treatment for Headache Elizabeth W. Loder, MD, FACP |
| 2:30 – 3:00 pm | Questions and Break |
| 3:00 – 3:30 pm | Legal and Addictive Aspects of Opioid Prescribing Edward Michna, MD, JD |
| 3:30 – 4:15 pm | Case Discussion: Good and Bad Candidates for Opioid Treatment Ajay D. Wasan, MD, MA, MSc; Edward Michna, MD, JD |

Evening Session

- 5:00 - 5:45 pm **Evolution and De-evolution of Interdisciplinary Pain Management: An Evidence-based Paradox**
Dennis C. Turk, PhD
- 5:45 - 6:30 pm **Translating Clinical Research to Clinical Practice**
Daniel B. Carr, MD
- 6:30 - 6:45 pm **Cocktails and Appetizers**
- 6:45 pm **Dinner**

Sunday, February 5, 2006

Morning Session

- 7:30 - 8:00 am **Breakfast with Exhibitors and Supporters**
- 8:00 - 8:40 am **Radiologic Imaging for Back and Neck Pain**
John A. Carinno, MD, MPH
- 8:40 - 9:20 am **Spirituality and Pain**
Edwin H. Cassem, MD
- 9:20 - 10:00 am **Case Discussion: Important Issues in the Care of Chronic Pain Patients**
J. David Haddox, DDS, MD; Dennis C. Turk, PhD
- 10:00 am **Adjourn**

Faculty Disclosures

All faculty are required to disclose to program participants any relationship, including financial interest or affiliation(s), with a commercial company, as well as discussion of unlabeled uses. Full disclosure of faculty relationships will be made available to program participants.

Conference Setting

Located in central Vermont, adjacent to the Green Mountain National Forest and 15 miles from Killington Ski Resort, Woodstock is a village of remarkable beauty. With its shops, restaurants, galleries, and excellent resort amenities, located in a pristine setting, Woodstock represents a premier example of small town New England. It is easily accessed by highway, being about 2 1/2 hours from Boston and 4 hours from New York, as well as airports in Burlington, Vermont and Lebanon, New Hampshire.

The resort offers luxurious accommodations and the finest facilities. Meals are served in the elegant Dining Room and the more casual Eagle Cafe. Richardson's Tavern, the Inn's cocktail lounge, is a comfortable oak-panelled retreat complete with a brick fireplace.

There are 3 ski areas within a short drive of the Woodstock Inn. Killington offers an endless variety of seven mountains, 200 trails and 32 lifts, as well as an active apres-ski night-scene. Okemo Mountain offers a similar ski experience, with its many trails and lifts. A more sedate, family ski experience can be had at Suicide Six, located about 5 minutes from Woodstock.

Program Faculty

Program Co-Chairs

Constance S. Houck, MD

Senior Associate in Perioperative Anesthesia
Children's Hospital, Boston
Assistant Professor of Anesthesia
Harvard Medical School
Boston, MA

Ajay D. Wasan, MD, MSc

Pain Management Center
Brigham and Women's Hospital
Instructor, Departments of Anesthesia & Psychiatry
Harvard Medical School
Boston, MA

Program Committee

Maureen Lynch, MS, APRN, BC, AOCN, CHPN

Nurse Practitioner, Pain & Palliative Care Program
Division of Psychosocial Oncology
& Palliative Care
Dana Farber Cancer Institute
Boston, MA

Srdjan S. Nedeljkovic, MD

Fellowship Program Director, Pain Management Center
Brigham and Women's Hospital
Assistant Professor of Anesthesia
Harvard Medical School
Boston, MA

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Manchester, NH

Faculty

Daniel B. Carr, MD

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New England Medical Center
Saltonstall Professor of Pain Research
Tufts Medical School
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Professor of Psychiatry
Harvard Medical School
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Advanced Practice Nurse
Palliative Care Service
Massachusetts General Hospital
Boston, MA

Oscar A. de Leon-Casasola, MD

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Roswell Park Cancer Institute
Professor of Anesthesiology
University of Buffalo School of Medicine
Buffalo, NY

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Assistant Professor of Medicine
Harvard Medical School
Boston, MA

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Pain Management Group
Boston Medical Center
Assistant Professor of Neurology
Boston University School of Medicine
Boston, MA

Edward Michna, MD, JD

Director, Pain Trials Center
Brigham and Women's Hospital
Instructor in Anesthesia
Harvard Medical School
Boston, MA

Dennis C. Turk, PhD

President, American Pain Society
John and Emma Bonica Professor of Anesthesiology
and Pain Research
Department of Anesthesiology
University of Washington
Seattle, WA

Hotel Reservation Form

Woodstock Inn & Resort

New England Pain Association

Friday, February 3 - Sunday, February 5, 2006

Please mail or fax form no later
than January 3, 2006 to:

Reservations Manager
Woodstock Inn & Resort
14 The Green
Woodstock, Vermont 05091
Fax: 802-457-6699

Please reserve accommodations as indicated below:

Reservations must be accompanied by first night's room revenue, \$195.00 per room for Main Inn room per night, Single or Double Occupancy, plus 9% Vermont State Lodging Tax and \$3.00 per day maid gratuity and one-time \$3.00 bellman gratuity.

Reservations received without deposits will be returned. We accept personal checks or a major credit card (VISA, MasterCard or American Express) for deposits. Please make checks payable to the Woodstock Inn & Resort.

RATES

\$195.00 per Main Inn room, Single or Double occupancy per night plus 9% Vermont lodging tax. NOTE: Children 14 and under are free. More than 2 adults per room is an additional \$30.00 per person, per night, plus 9% Vermont State Lodging Tax. Room rate includes use of the resort's indoor Health & Fitness Center pool, sauna, steam room, and whirlpool.

Please note that there is a 2-night minimum stay required on weekends.

2 double beds Twin Beds King Queen Main Inn Premium*

*Requests for Premium accommodations are at standard published rates and are based on availability at time of reservation. NOTE: Room types are limited and are assigned on a first come first served basis. We will do our best to accommodate your specific request, but we do not guarantee type of room. Late or early checkouts without 14 day advance notice will forfeit one nights' deposit. Rooms are not guaranteed for check-in until 3:00 pm. Check-out time is 11:00 am, failure to check-out by 11:00 am will result in an additional night's charge.

CANCELLATION POLICY

Arrivals later than scheduled reservation or early checkouts without 14 days advance notice will forfeit one night's room and tax .

CUT OFF DATE - January 3, 2006

Reservations made after this date will be accepted based on hotel availability.

Rooms will be occupied by: (Names of Occupants Must Be Listed)

Name _____ Name _____

Please confirm the above reservations to:

Name _____

Address _____

City/State/Zip _____

Daytime Phone () _____

FAX () _____

I am paying by: Check VISA MasterCard AMEX

Card No. _____ Exp. Date _____

Signature _____

Registration Form

2006 Annual Winter Conference

New England Pain Association
The Woodstock Inn & Resort, Woodstock, Vermont

- MD
- PhD
- RN
- MSW
- Other _____

Name _____ Discipline _____

Job Title _____

Address _____

City/State/Zip _____

Daytime Phone () _____ FAX () _____

*Email _____

Hospital/Affiliation _____

*Preferred Method of Contact _____

Registration Fees:

| | On or before January 14, 2006 | After January 14, 2006 | |
|--|----------------------------------|---------------------------|-------------------|
| NEPA Member | \$180.00 | \$205.00 | = \$ _____ |
| NEPA Non-Member ¹ (Includes 1-year membership) | \$255.00 | \$270.00 | = \$ _____ |
| Student / Resident / Fellow / Intern ² | \$75.00 | \$100.00 | = \$ _____ |
| Student / Resident / Fellow / Intern - Non-Member ^{1,2} (Includes 1-year membership) | \$100.00 | \$125.00 | = \$ _____ |
| Spouse / Guest Friday / Saturday Night Dinners | \$50.00 | \$75.00 | = \$ _____ |
| | | Total | = \$ _____ |

¹When accompanied by a Membership Application

²When accompanied by a letter from Department Chairperson, verifying Student/Resident/Fellow/Intern Status.

Fees includes: Friday and Saturday Night Dinners, Continuing Education Credits, Syllabus, and two Continental Breakfasts.

- I will be attending Friday Night's Fellowship Dinner
- I will be attending Saturday Night's Buffet Dinner

Please make checks payable to **NEPA**

Check VISA MasterCard AMEX

Card No. _____ Exp. Date _____

Signature _____

Printed Name on Card _____

Mail or Fax to: NEPA, P.O. Box 11086, Richmond, VA 23230-1086
Phone (804) 282-4011 • Fax (804) 282-0090 • nepa@societyhq.com

Refund Policy: Full refund through 1/1/06, 50% refund between 1/1/06-1/14/06. No refund after 1/14/06.
Refunds will be determined by date written cancellation is received. All cancellations must be in writing.

If you do not receive a confirmation letter from the NEPA within 30 days of submitting your registration, please call/email the office to confirm that your registration has been received.



New England Pain Association

P.O. Box 11086

Richmond, VA 23230-1086

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